

# Leggere Fila In Camera Tua! Ebook Gratuito PDF/EPUB/mobi - Richard Bromfield



**leggere Fila in camera tua! Ebook gratuito PDF/EPUB/mobi Richard Bromfield** , Il bambino piagnucola e si lamenta di continuo? Al centro commerciale strilla come un pazzo e al ristorante fa i capricci? Non mostra gratitudine e sembra dare tutto per scontato, anzi chiede sempre di più? Se alcune di queste situazioni – o tutte! – ci sono familiari, probabilmente nostro figlio è viziato. Ma sentircelo dire non è di grande utilità. Lo sappiamo già, e meglio di chiunque altro, solo che per qualche ragione non abbiamo saputo arginare il problema. Richard Bromfield, psicoterapeuta al lavoro con le famiglie da trent'anni, sa come aiutarci. Grazie a un metodo concreto, semplice e dai risultati immediati, ci insegna a creare le condizioni perché i nostri figli maturino interiormente, scoprono i loro talenti e rafforzino la capacità di adattarsi. E ci avverte che la posta in gioco è alta, perché le premesse per un'adolescenza terribile stanno nel rapporto che creiamo con loro da piccoli, nel periodo tra i due e i dodici anni.

Il processo è graduale e impegnativo, ma non infinito. In sette giorni, sette giorni soltanto, i primi risultati arriveranno.

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