

Leggere I No Per Amare Ebook Gratuito PDF/EPUB/mobi - Jesper Juul



JESPER JUUL
I no per amare

Comunicare in modo chiaro ed efficace
per crescere figli forti e sicuri di sé

UNIVERSALE
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leggere I no per amare Ebook gratuito PDF/EPUB/mobi Jesper Juul , Perché risulta così difficile dire no ai figli, al partner, alle persone che ci stanno a cuore? Jesper Juul, grande terapeuta familiare e convinto sostenitore di una pedagogia del futuro, lo spiega, e ci incoraggia a dire no in buona coscienza, dando una risposta originale a interrogativi importanti: come comportarsi con i neonati? Come con i bambini da uno a cinque anni? E con gli adolescenti? Quando un no è negoziabile? Anche i figli possono dire no ai genitori? In questo libro Juul ci insegna "l'arte di dire no" e ci dimostra come questo possa giovare non solo a noi, ma anche a tutti i nostri familiari. Perché a volte un no chiaro è la risposta più amorevole che possiamo dare ai nostri figli.

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