

Leggere Il Dialogo Strategico EBook Gratuito PDF/EPUB/mobi - Giorgio Nardone & Alessandro Salvini



leggere Il dialogo strategico EBook gratuito PDF/EPUB/mobi Giorgio Nardone & Alessandro Salvini , Sulla scia di un'esperienza ventennale in qualità di terapeuta e di consulente in campo clinico, Giorgio Nardone ha formulato insieme ai suoi collaboratori una tecnica sorprendentemente efficace per condurre un colloquio mediante il quale l'interlocutore o il paziente finisce per cambiare le proprie convinzioni più radicate. La validità del dialogo strategico risiede nel fatto che questo cambiamento non è avvertito come un'imposizione esterna, ma come il naturale scioglimento del nodo che crea il disagio e il malessere. Una tecnica nuova e insieme antichissima, che prende spunto dalla retorica classica, e che si congiunge con successo alla Terapia in tempi brevi. In questo saggio Giorgio Nardone e Alessandro Salvini mettono a punto un metodo ancora più raffinato, in cui l'interlocutore stesso è indotto a considerare sotto una nuova prospettiva la sua situazione , dolcemente, come se il cambiamento fosse una scoperta guidata da chi chiede aiuto, e non dal terapeuta.

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