

# Leggere Il Mental Game Del Poker Ebook Gratuito PDF/EPUB/mobi - Jared Tendler



**leggere Il Mental Game Del Poker Ebook gratuito PDF/EPUB/mobi Jared Tendler** , Il mental game è forse più importante nel poker che in qualsiasi altra tipologia di competizione. Questo gioco infatti è uno dei pochi al mondo in cui puoi giocare in maniera perfetta e continuare a perdere. Centinaia di giocatori di poker si sono convertiti all'approccio rivoluzionario del coach Jared Tendler sul mental game per riuscire a giocare sempre al meglio, senza che la varianza avesse influenza sulle loro prestazioni. In questo libro troverete tecniche semplici, spiegate passo passo e funzionanti per risolvere definitivamente problemi come il tilt, la gestione della varianza, il controllo emotivo, la sicurezza di sé, la paura e la motivazione. Con il livello del gioco che sta diventando sempre più alto, è arrivato il momento di prendere di petto questi problemi.

Scopri il miglior lavoro mai redatto sul tilt. Leggi le storie di otto dei giocatori che sono riusciti ad effettuare enormi miglioramenti grazie alle tecniche di Jared. Acquisisci motivazione con i metodi usati dai SuperNova Elite.

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