

# Leggere Il Metodo Sticazzi Al Lavoro EBook Gratuito PDF/EPUB/mobi - Carla Ferguson Barberini



**leggere Il metodo sticazzi al lavoro EBook gratuito PDF/EPUB/mobi Carla Ferguson Barberini , Con il metodo sticazzi:**

Rispondi a quindici email  
in quindici secondi!

Il briefing diventa un torneo  
di ping pong!

I colleghi stacanovisti vengono isolati!

E lavorare non è mai stato così bello.

Se è una fortuna avere un lavoro di questi tempi, è pur sempre vero che lavorare stanca. Ma grazie al Metodo d'ora in poi timbrerai il cartellino con un sorriso!

Imparerai a resistere allo stress da pendolarismo ed efficaci tecniche per dissimulare le ore trascorse su Facebook, ma anche a farti amare dai colleghi e dai datori di lavoro facendo il minimo indispensabile, a gestire clienti, fornitori, creditori al meglio con sottili manipolazioni psicologiche. Scoprirai che si può vivere bene senza premi produzione. E soprattutto riuscirai a sconfiggere i tuoi peggiori nemici interiori: l'ambizione, il senso del dovere, lo spirito di competizione. Il Metodo renderà il tuo tempo lavorativo un tempo ricco e armonioso.

Carla Ferguson Barberini è l'ormai celebre collettivo di professionisti della comunicazione che ha donato al mondo il metodo (sticazzi) che lo salverà. Ha già pubblicato Il metodo sticazzi, Buone feste con il metodo sticazzi, Il metodo sticazzi in amore, Cinquanta sfumature di sticazzi, In vacanza con il metodo sticazzi.

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