

# Leggere Impara A Imparare Ebook Gratuito PDF/EPUB/mobi - Chiara Gorla



**leggere Impara a imparare Ebook gratuito PDF/EPUB/mobi Chiara Gorla** , Chiara Gorla con Claudio Belotti, presentano un'opera oggi più che mai necessaria all'apprendimento e quindi alla crescita. Imparare è un'attività naturale per ogni essere umano ma lo sappiamo, richiede concentrazione, impegno, fatica. E se ci fossero modalità utili per apprendere senza sprechi di tempo ed energie? Chiara Gorla, Coach e Trainer certificata, è impegnata nell'area dell'efficacia personale, e ci accompagna alla scoperta del funzionamento dell'apprendimento efficace. In questo eBook, non solo le tecniche e le strategie per memorizzare e ottenere risultati duraturi, ma anche le basi scientifiche che spiegano come e perché è possibile imparare, e soprattutto continuare a farlo. Impara a Imparare di Chiara Gorla è disponibile anche in formato audioBook.

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