

Leggere La Cottura Sottovuoto E L'atmosfera Modificata EBook Gratuito PDF/EPUB/mobi - Roberto Bauce

Bauce Roberto

La cottura sottovuoto e l'atmosfera modificata

Cucinare avendo il massimo rispetto degli alimenti e del nostro organismo

leggere La cottura sottovuoto e l'atmosfera modificata EBook gratuito PDF/EPUB/mobi Roberto Bauce , Guida pratica per l'utilizzo della cottura sottovuoto e dell'atmosfera modificata, come è nata la cottura sottovuoto, su quali principi si basa, quali sono i tempi e le temperature di cottura, la migliore conservazione degli alimenti, l'utilizzo dell'atmosfera modificata e l'inserimento nel programma d'igiene.



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