

Leggere Mappe Mentali Ebook Gratuito PDF/EPUB/mobi - Tony Buzan E Barry Buzan



leggere Mappe mentali Ebook gratuito PDF/EPUB/mobi Tony Buzan e Barry Buzan , Le Mappe Mentali sono un eccellente strumento pratico che permette di fondere insieme razionalità e creatività, dando forma e ordine a pensieri, progetti e appunti e stimolando al tempo stesso le infinite potenzialità del cervello: intelligenza, creatività, comunicazione, concentrazione e memoria.

Oggi che le Mappe Mentali sono diventate un fenomeno globale, il loro creatore Tony Buzan ha rivisto e aggiornato il libro bestseller ad esse dedicato, affrontando per la prima volta le interconnessioni tra il cervello e i computer, per dimostrare quanto ciascuna di queste “intelligenze” possa migliorare il funzionamento dell’altra.

Grazie a Mappe Mentali potrai: organizzare con più facilità le tue attività quotidiane; selezionare, acquisire e memorizzare più efficacemente le informazioni che ti interessano; trasformare le idee in progetti strutturati; studiare e prendere appunti più velocemente; migliorare le tue performance professionali.

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